



# Sign up for important updates from Mrs. m. reid.

Get information for **Panther Creek High** right on your phone—not on handouts.

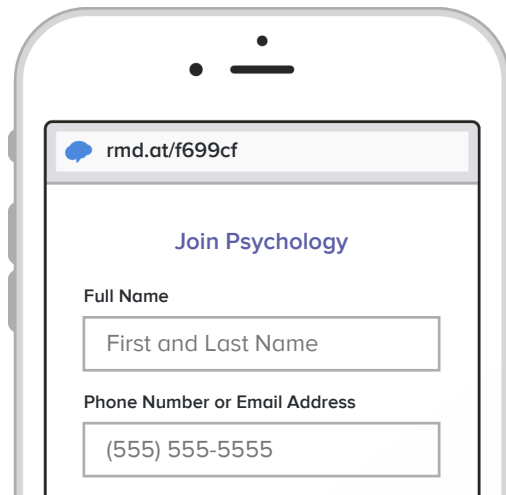
Pick a way to receive messages for **Psychology**:

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/f699cf](https://rmd.at/f699cf)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message [@f699cf](https://t.me/f699cf) to the number **81010**.

If you're having trouble with **81010**, try texting [@f699cf](https://t.me/f699cf) to **(919) 289-0052**.

*\* Standard text message rates apply.*



Don't have a mobile phone? Go to [rmd.at/f699cf](https://rmd.at/f699cf) on a desktop computer to sign up for email notifications.