

# Perspectives in Psychology Note Sheet

<u>Perspective</u>	<u>Main Focus</u>	<u>Example Questions</u>	<u>How does it relate to test anxiety?</u> (requires Perspectives Reading to complete)
<b>Biological (Neuroscience)</b>	How the body and _____ enable emotions and _____ experiences	How are messages transmitted within the body? How is blood chemistry linked with moods and motives?	
<b>Evolutionary</b>	How the _____ of traits promotes the perpetuation of one's _____	How does evolution influence behavior tendencies?	
<b>Behavior Genetics</b>	How much our _____ and _____ influence our individual differences	Does nature (genetics) or nurture (environment) play a more prominent role in our development?	
<b>Psycho-dynamic (Psycho-analytic)</b>	How behavior springs from _____ drives and _____ conflicts	How can someone's personality traits and disorders be explained in terms of sexual or aggressive drives or unfulfilled wishes and childhood trauma?	
<b>Behavioral</b>	How we _____ observable responses	How do we learn to do things or not to do things through rewards and punishment?	
<b>Humanistic</b>	How each individual has great _____ of choice and a large capacity for personal _____	How does a human being reach their full potential as a person?	
<b>Cognitive</b>	How our _____ process works and how we store and remember information	How do we use information in remembering? Problem solving? Reasoning?	
<b>Social-Cultural</b>	How thinking and behavior vary across situations and _____	How is our society different from other societies in the world?	